



**Lynne Brisdon,**  
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Lynne Brisdon has coached emerging leaders within non-profit and public sectors for over a decade. She has also held Director roles on non-profit boards and contributed to their operations, as well as working for large non-profit organizations as a business coach. She draws on fifteen years of coaching experience

Her coaching approach is validating and affirming at the same time as it focuses on identifying underlying thoughts and beliefs which impact behaviour and choice. Leadership skills development is achieved by increasing self-awareness, discovery of personal values and their alignment to organizational values to achieve authentic authority. Developing an empathetic approach to communication, clarity of vision and definition of a strategic path to accomplishing it are also key, as is accountability for learning and action steps. Resiliency, personal boundaries, delegation and ownership of personal power also come into play.

Lynne's board roles have included: Coach Giving Chair, Vancouver International Coach Federation Chapter, responsible for oversight of Coach Giving Programs, such as the Minerva Foundation's Helping Women Work, and the inception of new programs. While in the role she also grew the committee and planned and recruited for succession. She was also Chapter Treasurer a few years earlier. Other Director roles were held with the BC Urban Entrepreneur Association and the Leyline Centre for Spiritual Practice. She has also lived in a Housing Co-op and held a key role on the Finance Committee. Her earliest Board commitment was with a Day Care Society for which she played an instrumental role in its start-up and became President overseeing grant acquisition and the opening of a day care center in rural B.C.

As a Business Coach for government funded Self Employment Programs Lynne has worked in two non-profits engaged in the delivery of Employment Programs and Social Services. This has given her insights into the operational and organizational structure of large non-profits. Coaching new business owners is directly engaged in developing their leadership capacity as they transition from an employee mind-set to becoming self-directed. In May 2014 Lynne's work with Self Employment Programs was recognized by the ICF Vancouver Chapter as she was selected as a finalist for Business Coach of the Year and spoke about it at the Awards Gala.

Becoming a Certified Professional Co-Active Coach with the Coaches Training Institute in 2001 Lynne has continuously upgraded her coaching skills, which now include Organizational and Relationship Systems Coaching, Living Systems Team Coaching and Core Dynamics Coaching. Credentialed with ICF since 2003, she currently holds a Professional Certified Coach credential attained in 2007.

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*"And the day came when the risk to remain tight in the bud was more painful than the risk it took to blossom."  
Anais Nin*

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