

Lynne Brisdon | Curriculum Vitae

Professional Certified Coach, Certified Business Counsellor



Summary

Believing that life offers us choices to find meaning, especially in our careers, led me to become a Professional Coach and Trainer supporting people on their quest for a better life. In addition to coaching at Living In Vision, I've guided hundreds of people on the path from unemployment to self-employment for over a decade, and in 2014 was recognized for this work as finalist for Business Coach of the Year by the International Coach Federation, Vancouver, BC ICF Chapter.

Earlier, I gained leadership skills as Program Coordinator of the BCIT Entrepreneurial Skills Training Program preceded by a decade of corporate communications work which developed my project management and excellent interpersonal skills. A deep commitment to personal development inspired me to study, then to teach meditation and healing practices.

Coaching Experience

Professional Coach – Living In Vision Enterprises Inc.

Since 2003

- Professionally Coaching and mentoring for career and life transition, and leadership development, privately and for clients of Women's Enterprise Center, Minerva Foundation, CYBF
- Workshop design and delivery for career and life transition: Minerva Foundation Helping Women Work, Navigating Life Transitions at Whatcom Community College, Professional Development at BCIT and Vancouver Community College.

Business Coach – Self Employment Programs. Currently with Pacific Self Employment Program, PCRS, previously with S.U.C.C.E.S.S. and Toward Excellence Consulting Inc.

Since 2004

Coach and mentor to participants through successful development and implementation of a business plan.

Teaching Experience

Instructor – Self Employment Programs. Currently with Pacific Self Employment Program, PCRS, previously with S.U.C.C.E.S.S.

Since 2012

Business Start-up and Micro-Business Leadership workshops

Facilitator –Toward Excellence Consulting Inc.

2004 – 2007

Career Exploration and Determining Self Employment Feasibility Programs

Instructor – BCIT Entrepreneurial Skills Training Program, BCIT

2001 – 2005

Micro-Business Leadership workshops

Teacher - Meditation Classes, Leyline Center for Spiritual Practice

2001 – 2003

Meditation and self-healing classes on energy awareness, chakra system and energy clearing techniques.

Related Experiences

Program Coordinator – BCIT, Burnaby, BC 1999 – 2004
BCIT Entrepreneurial Skills Training (BEST) Program coordination included scheduling, marketing, communications and financial administration; doubling program capacity from 3 to 6 intakes annually.

Certifications

Certified Business Counsellor– Acadia University, Nova Scotia (Distance Education) 2009 – 2013
Certified Professional Co-Active Coach, The Coaches Training Institute 1998 – 2001
Professional Certified Coach, International Coach Federation (on Master Certified Coach track) Since 2007

Early Formal and Continuing Education

Associate Certificate, Media Resources – Capilano College, North Vancouver, BC, 1985

Core Dynamics Coaching, Human Software Engineering
Strong Interest Inventory Qualification, G.S Consultants
Continuing Education Coaching: Team, Relationship & Organizational Systems, Corporate Coaching
Strengths Deployment Inventory & Relationship Awareness, Personal Strengths Publishing
Effective Leadership Skills for Supervisors, BCIT Human Resources
Enterprise Facilitation, Sirolli Institute
Project Management Seminars, UBC Sauder School of Business
Article Writing, Capilano College Part-time Studies

Awards

Finalist, Business Coach of the Year 2014, International Coach Federation, Vancouver Chapter
Recognized for upholding International Coaching Federation core competencies in the delivery of Business Coaching for the Pacific Self Employment Program. This was a personal celebration of a decade of experience in the profession.

Volunteer

North West Corner Coaches, Bellingham WA, Co-Organizer Current
ICF Vancouver's Non-Profit Leadership Coaching Program (coaching developing leaders) 2013 – 15
Northwest Innovation Resource Center, Pitch Clinic Volunteer 2011
International Federation of Coaches, Vancouver BC Chapter, Coach Giving Chair 2010 – 12
International Federation of Coaches, Vancouver BC Chapter, Treasurer 2004 – 06
Minerva Foundation's Helping Women Work Program 2004 – 12
BC Urban Entrepreneur Development Association, Board Member 2002 – 03
Leyline Center for Spiritual Practice, Board Member 2000 – 03